

# Counseling God's Way Outline

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2. The Lord as Counselor - Part 2
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4. Counseling and Sanctification

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## The Lord as Counselor (Continued)

### In the Old Testament: (Continued)

- Psalm 62:5-8
  
- Isaiah 9:6
  
- Isaiah 61:1-3 and 42:3

### In the New Testament:

- Matthew 11:28-30
  
- John 4:13 and 7:37-38 (with Jeremiah 2:13)
  
- John 8:12
  
- John 10:10
  
- John 14:6

### Conclusion:

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*“And His Name will be called Wonderful Counselor” Isaiah 9:6*



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**Counseling God's Way**  
**What Counseling Is**  
***Counseling and Discipleship***  
**(Study 3)**

**Introduction:**

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- Matthew 28:19a

**Following Jesus and Denying Self:**

- Matthew 4:19

- Luke 9:23

**Receiving Jesus and Being Built Up in Him:**

- Colossians 2:6-7
- 1 Peter 1:23 and 2:2



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## Counseling and Discipleship (Continued)

### Living for Jesus and Obeying Him as Lord:

- John 13:13 and Luke 6:46

- Romans 14:7-9 and 2 Corinthians 5:14-15

### Conclusion:

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**Counseling God's Way**  
**What Counseling Is**  
***Counseling and Sanctification***  
**(Study 4)**

**Introduction:**

- Psalm 32:8

- 1 Corinthians 1:2

**Progressing in Sanctification:**

- 1 Thessalonians 4:3-5

- 2 Timothy 2:21

- Romans 6:13, 19

**Developing in Godliness:**

- Titus 2:11-12

- 1 Timothy 4:7-8

**Growing in Holiness:**

- 1 Peter 1:14-16

- Hebrews 12:9-11



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## Counseling and Sanctification (Continued)

### Getting to Know God:

- Philippians 3:10-14

- 2 Corinthians 3:18

- 1 John 3:2-3

### Conclusion:

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- 1 Thessalonians 5:23

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**Counseling God's Way**  
**God's Way in Counseling**  
***God's Word in Counseling***  
**(Study 5)**

**Introduction:**

**Counsel from the Word:**

- Psalm 119:24
  
  
  
  
  
  
  
  
  
  
  
- Psalm 119:105, 130
  
  
  
  
  
  
  
  
  
  
  
- Psalm 107:20

**The Word in Discipleship and Sanctification:**

- John 8:31-32
  
  
  
  
  
  
  
  
  
  
  
- John 17:17

**Ability of the Word:**

- 2 Timothy 3:14-17



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## God's Word in Counseling (Continued)

### Ability of the Word: (Continued)

- Hebrews 4:12

- Psalm 19:7-11

### Central Focus of the Word:

- John 5:39-40

### Conclusion:

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- Isaiah 55:10-11

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**Counseling God's Way**  
**God's Way in Counseling**  
***The Holy Spirit in Counseling***  
**(Study 6)**

**Introduction:**

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**Another Counselor Like Jesus:**

• Isaiah 9:6 and 11:2

• John 14:16-17

• John 14:26, 15:26 and 16:14

**The Spirit and the Truth of God's Word:**

• John 16:13

• John 8:32 and 17:17

**As We Counsel and Are Counseled:**

• Isaiah 61:1



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## The Holy Spirit in Counseling (Continued)

### As We Counsel and Are Counseled: (Continued)

- Ephesians 5:18

- John 16:7-11

- Galatians 5:16-23

- 1 Corinthians 2:12-13

- 2 Corinthians 3:17-18

- 2 Corinthians 3:3-6

### Conclusion:

*“And His Name will be called Wonderful Counselor” Isaiah 9:6*



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**Counseling God's Way**  
**God's Way in Counseling**  
*Prayer in Counseling*  
(Study 7)

**Introduction:**

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**Prayer Concerning the Word:**

- Psalm 119:17-19

- Psalm 119:25-28

**Prayer Concerning the Holy Spirit:**

- Ephesians 6:18

- Luke 11:9-13

**General Exhortations to Prayer:**

- Luke 18:1



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## Prayer in Counseling (Continued)

### General Exhortations to Prayer: (Continued)

- Philippians 4:6-7

- 1 Thessalonians 5:17

### Prayer Examples for Counseling:

- Ephesians 1:17

- Colossians 1:9

- Psalm 5:1-3; 6:1-3; 25:16-20; 69:1-3, etc.

### Conclusion:

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**Counseling God's Way**  
**God's Way in Counseling**  
***Church-Life in Counseling***  
**(Study 8)**

**Introduction:**

- Ephesians 1:22-23

**A Picture of Church-Life (Body-Life):**

- Colossians 3:12-17

- Colossians 2:19 and Ephesians 4:15-16

**One Another Ministry in the Church (The Body):**

- Colossians 3:13 and Ephesians 4:31-32

- Colossians 3:16



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## Church-Life in Counseling (Continued)

### One Another Ministry in the Church (The Body): (Continued)

- Romans 15:7

- Galatians 6:2

- 1 Thessalonians 5:11

- Hebrews 10:23-25

- 1 John 4:7, 12

### Conclusion:

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*“And His Name will be called Wonderful Counselor” Isaiah 9:6*



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**Counseling God's Way**  
**Counselors and Their Equipping**  
*Who is to do Counseling*  
(Study 9)

**Introduction:**

**Every Believer in General:**

- Romans 15:14

- 2 Corinthians 1:3-4

**Particularly Those Gifted in Counseling:**

- Romans 12:6a, 8a

- 1 Corinthians 12:4, 7, 8, 9b

**Especially Those Abiding in Christ and Living by the Spirit:**

- John 15:4-5

- Galatians 5:22-23, 25



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## Who is to Do Counseling (Continued)

### And Those Living by the Word and by Prayer:

- John 15:7

### And Those Who Keep Confidences:

- Proverbs 11:13

### And Those Willing to Sacrifice for Others:

- 1 John 3:16

### Conclusion:

*“And His Name will be called Wonderful Counselor” Isaiah 9:6*



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**Counseling God's Way**  
**Counselors and Their Equipping**  
***Equipping for Counseling Ministry***  
**(Study 10)**

**Introduction:**

**General Ministry of Equipping:**

- Ephesians 4:11-12

- Romans 14:19 and 15:2

**Being Built-Up In All Aspects of Counseling God's Way:**

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## Equipping for Counseling Ministry (Continued)

### Equipping Through God's Word:

- 2 Timothy 3:16-17

- 2 Timothy 2:15

- Hebrews 5:13-14

### Growing in Knowing the Lord:

- 2 Peter 3:18

- 1 Peter 2:4-5

### Conclusion:

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- Hebrews 13:20-21

*“And His Name will be called Wonderful Counselor” Isaiah 9:6*



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**Counseling God's Way**  
**Counselors and Their Equipping**  
*Vital Issues Part 1*  
(Study 11)

**Introduction:**

**God's Resources—Not Ours:**

- 2 Corinthians 3:5

- Proverbs 3:5-6

- Isaiah 40:29-31

- 1 Samuel 17:47 and 2 Chronicles 20:15

- Jeremiah 32:17, 27

**Looking to the Lord:**

- Hebrews 12:1b - 2a

- Luke 10:38-42



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## Vital Issues (Continued)

### Looking to the Lord: (Continued)

- 2 Peter 1:2-3

- Colossians 1:27-29

### Conclusion:

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*“And His Name will be called Wonderful Counselor” Isaiah 9:6*



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**Counseling God's Way**  
**Counselors and Their Equipping**  
***Vital Issues Part 2***  
**(Study 12)**

**Introduction:**

**Trials, Difficulties, and Impossibilities:**

- 1 Peter 4:12, 15-16, and 1:6-7

- James 1:2-4

- 2 Corinthians 1:8-11

- 2 Corinthians 4:7-12

- 2 Corinthians 4:17-18

- 2 Corinthians 12:7-10



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## Vital Issues (Continued)

### Hope, Encouragement, and Assurance:

- 1 Corinthians 10:13

- John 16:33

- 1 Peter 5:10

- Isaiah 41:10

- Romans 15:13

### Conclusion:

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**Counseling God's Way**  
**Foundational Truths for Counseling**  
***In Adam or In Christ?***  
**(Study 13)**

**Introduction:**

- John 8:31-32, 36
  
- Colossians 2:9-10a

**In Adam:**

- Romans 5:12-14
  
- Romans 5:18a, 19a

**In Christ:**

- Romans 5:15-19
  
- Ephesians 1:3

**Grace vs. Sin:**

- Romans 5:20-21 (also see vs. 15 & 17)
  
- Romans 6:14 and Titus 2:11-12



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## In Adam or in Christ? (Continued)

### “Much More”:

- Romans 5:15, 17, 20

### Conclusion:

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**Counseling God's Way**  
**Foundational Truths for Counseling**  
***United with Christ***  
**(Study 14)**

**Introduction:**

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**Knowing the Facts:**

- Romans 6:1-4

- Romans 6:5-7

- Romans 6:8-10

**Counting on the Facts:**

- Romans 6:11

- Hebrews 11:1 and 2 Corinthians 5:7



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## United With Christ (Continued)

### Presenting Ourselves to God:

- Romans 6:12-14

- Romans 6:15-19

### Conclusion:

- Galatians 2:20

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**Counseling God's Way**  
**Foundational Truths for Counseling**  
***Walking According to the Flesh***  
**(Study 15)**

**Introduction:**

**A Fleshly Struggle:**

- Romans 7:14-16

**Sin Indwelling Our Flesh:**

- Romans 7:17-20

**Flesh Defeated by Law of Sin:**

- Romans 7:21-23

**Cry for a Deliverer:**

- Romans 7:24-25



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## Walking According to the Flesh (Continued)

### Conclusion:

- Matthew 26:41
  
- Philipians 2:13
  
- Colossians 3:11

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**Counseling God's Way**  
**Foundational Truths for Counseling**  
***Walking According to the Spirit***  
**(Study 16)**

**Introduction:**

**Law of the Spirit:**

- Romans 8:1-4

**Flesh vs. Spirit:**

- Romans 8:5-8

**Indwelling Spirit of God:**

- Romans 8:9-11

**Led by the Spirit:**

- Romans 8:12-14



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## Walking According to the Spirit (Continued)

### Conclusion:

- Galatians 5:16
  
- 2 Corinthians 3:17
  
- 2 Corinthians 3:6
  
- Ephesians 5:18

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**Counseling God's Way**  
**Foundational Truths for Counseling**  
***Who We Are In Christ***  
**(Study17)**

**Introduction:**

**New Creatures:**

- 2 Corinthians 5:17 (see Ephesians 1:13)

**Saints:**

- Philippians 1:1 and 3:9

**God's Handiwork:**

- Ephesians 2:10

**Branches in the True Vine:**

- John 15:1, 5



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## Who We Are In Christ (Continued)

### **Ambassadors for Christ:**

- 2 Corinthians 5:20

### **Complete:**

- Colossians 2:10a

### **Conclusion: Christ-Esteem, Not Self-Esteem:**

- Luke 9:23 and 1 Corinthians 1:30-31

- 1 Peter 4:11b and 2 Peter 3:18b

*“And His Name will be called Wonderful Counselor” Isaiah 9:6*



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## Renewing of the Mind (Continued)

### **New Mind-Set, New Mind:**

- Colossians 3:2 and Romans 8:6

- Philippians 4:8

- Psalm 63:6

- Psalm 77:11-12

- Psalm 119:15-16

### **Conclusion:**

- Colossians 3:16a

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**Counseling God's Way**  
**Foundational Truths for Counseling**  
***Spiritual Warfare***  
**(Study19)**

**Introduction:**

- 2 Corinthians 10:3-4

**Our Enemy:**

- Ephesians 6:11-12

- Ezekiel 28:12-17

- Isaiah 14:12-14

**His Ways:**

- 1 John 5:19

- 1 John 2:15-17



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## Spiritual Warfare (Continued)

### His Ways: (continued)

- 2 Corinthians 11:13-14

- Matthew 4:3

- John 8:44

- Revelation 12:9-10

### Conclusion:

- 1 Peter 5:8

- 1 John 3:8b

- 1 John 4:4

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**Counseling God's Way**  
**Foundational Truths for Counseling**  
***Victory in Spiritual Warfare***  
**(Study 20)**

**Introduction:**

- Romans 8:37

**Christ's Victory:**

- Hebrews 2:14-15

- Colossians 2:13-15

- John 16:33

- Revelation 20:1-3, 10



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## Victory in Spiritual Warfare (Continued)

### Our Stand in His Victory:

- Ephesians 6:10-18

- 2 Corinthians 10:3-5

- 1 Peter 5:5-10 and James 4:6-10

### Conclusion:

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*“And His Name will be called Wonderful Counselor” Isaiah 9:6*



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**Counseling God's Way**  
**Major Threats to Counseling God's Way**  
***Forsaking Our Wonderful Counselor***  
**(Study 21)**

**Introduction:**

**Forsaking the Lord:**

- Jeremiah 2:13a

- Deuteronomy 32:15-18

**Forsaking God's Word:**

- 2 Chronicles 12:1

- Proverbs 28:4



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## Forsaking Our Wonderful Counselor (Continued)

### Forsaking God's Word: (Continued)

- James 1:21-22

### Open to Deception:

- 2 Corinthians 11:3

- 1 Timothy 4:1

- 2 Timothy 4:3-4

### Conclusion:

- Colossians 2:8

- Psalm 1:1-3

*"And His Name will be called Wonderful Counselor" Isaiah 9:6*



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**Counseling God's Way**  
**Major Threats to Counseling God's Way**  
***Turning to Worldly Counsel***  
**(Study 22)**

**Introduction:**

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**Turning to Broken Cisterns:**

• Jeremiah 2:13b

• 1 Timothy 1:3-4

• Matthew 22:36-40 and 2 Timothy 3:1-2a

**Man's Wisdom, Not God's Wisdom:**

• 1 Corinthians 1:18-21

• 1 Corinthians 3:19-20



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**Counseling God's Way**  
***Counseling Session Guidelines***  
**(Study 23 and 24)**

**Introduction:**

**Proper Personal Walk:**

- Eph. 4:1; 5:1-2, 8, 15

**Biblical Perspective On Counseling:**

- Psalm 119:41

**Flow of a Session (Unfolding Aspects):**

- Prayer (Phil. 4:6)
  
- Listen (John 4)
  
- Saved? (Matt. 28:19)
  
- Saved, but...?!? (Luke 9:23; Rom. 12:1-2)
  
- Early, appropriate use of Word (John 14:26)



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## Counseling Session Guidelines (Continued)

### Flow of a Session (Unfolding Aspects): (Continued)

- Needed response or action (Matt. 5:23-24)

- Homework (I Peter 2:2; Heb. 5:13-14)

- Prayer (I Thess. 5:17)

### Conclusion:

- Isaiah 9:6 and Hebrews 12:2a

- John 8:31-32 and Acts 17:11

*“And His Name will be called Wonderful Counselor” Isaiah 9:6*



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